

Hi Parents!

It's time to get your child ready for camp! Do *you* know how to help them get started? Besides the obvious help in getting your child's belongings together (view our "what to bring to camp list"), what more can you do? Here are a few important steps you can take to help enhance your child's camping experience.



Before Camp:

1. Read the camper Information sheet with your child. This will insure that you both are aware of what activities camp provides, the price and arrival/departure times. Design creative projects to earn money. You may feel that you are not able to afford the expense of camp for your child. Start by praying with your child for provision and ways for the money to be earned. Suggest projects for your child to earn money towards camp such as mowing the lawn and other yard work, washing the car, doing special errands, and special house cleaning tasks, etc. Also, keep in mind that he/she may need a little extra cash to use at the camp Trading Post.
2. Avoid conversation that highlights homesickness. Your talk about camp should be positive and upbeat with your child. Emphasize topics that will cause him/her to be eager and excited for his/her camp experience. In the best interest of your child, campers are not allowed to call home. The camp staff is prepared to deal with homesick campers. Our policy is to allow phone calls only in the case of emergencies.
3. Focus on the goal. Consider the purposes for sending your child to camp. Talk to your child about these goals. This is *so* important. Camp is an excellent place for your child to make wholesome friendships, to interact with God's creation, to make decisions, *and to learn to live for Christ in all situations!* *Your interest here will be a valuable encouragement to your child.* Pray with your child about what he/she wants to see happen in his/her life as a result of that special week. Note any fears or concerns he/she may express and include them in your praying together.

During Camp:

Pray for your child. Pray for his/her adjustments to camp, new people, other campers, and being away from home. Pray for his/her counselor and the other camp staff as they interact with and minister to your child. Pray for his/her health, safety, and emotional well-being. Pray for the spiritual impact during this time at camp in the life of your child.

After Camp:

1. Give your child a special homecoming. A note of welcome on his/her bed, a special meal or dessert, a small gift, a welcome home sign, and lots of hugs can help deter the "I miss camp" blues.
2. Provide time for a little relaxation so your child has time to adjust. Often their time at camp can be an exhausting experience. Try not to put pressure on him/her immediately for chores. Leaving right away for a family outing or vacation can be an overload on his emotional circuit. Be sure to be prompt to pick your child up from camp. Realize that your child may be irritable and tired from the fast pace at camp. Coming back to the normal home schedule can bring out the grouches for a bit!
3. Be ready to listen, listen, and listen. Your camper no doubt will be capable of talking your ear off about his/her experiences. If a child is quiet and reserved, allow him/her time to open up.
4. Express an interest in any decisions or commitments. Encourage your child to carry out his/her commitments by spending time daily reading God's Word, practicing regular prayer, and meeting regularly with other Christians.

YOU are the key to the growing process after camp of your child's walk with the Lord. SPEND TIME with your child regularly in praying that these camp commitments will last a lifetime!

We are looking forward to working with your child here at camp!

Amanda LaGrange  
Camp Office Manager

## Camp Machasay: What to Know and What to Bring

Check-in will be from 10:30am - 11:15am on the day that your camp begins. Late arrivals, after 11:30am, must notify the office 24 hours prior to arrival date. Please plan to spend at least thirty minutes getting your camper(s) settled.

Check-out: We will be doing a final/championship quiz and giving out awards that we would love for you to be involved with starting at 9:15am. Camp ends on the last day at 10:15am. (For the 2<sup>nd</sup>-4<sup>th</sup> grade camp, the final Bible drill competition and awards start at 9am and check-out is at 9:30am. Please pick your child up on time!

If you did not send in your insurance information with the registration, please have it with you so we can make a copy of it when you check in to camp.

Parental signature must be by the legal custodial parent, legal guardian or state caseworker.

### NECESSARY INFORMATION BEFORE YOU ARRIVE:

What to Bring: Days are usually warm with cool nights. Please label all articles with both first and last name, and phone number if possible. Camp is not responsible for lost or broken items. Following is a check list to help you pack:

- |   |   |
|---|---|
| <input type="checkbox"/> Warm bedding or sleeping bag & pillow                                      | <input type="checkbox"/> Underclothes                     |
| <input type="checkbox"/> Flashlight   | <input type="checkbox"/> Towel and washcloth              |
| <input type="checkbox"/> Bible  | <input type="checkbox"/> Soap and shampoo                 |
| <input type="checkbox"/> Warm Sweater or jacket   | <input type="checkbox"/> Toothbrush and toothpaste        |
| <input type="checkbox"/> Bag for dirty/muddy clothes  | <input type="checkbox"/> Close toed shoes                 |
| <input type="checkbox"/> Pants for horse riding & ATV's   | <input type="checkbox"/> Sunglasses, sunscreen, bug spray |
| <input type="checkbox"/> Clothes for water games (when available)<br>(Board shorts are acceptable.) | <input type="checkbox"/> Water Bottle                     |
| <input type="checkbox"/> Swimming Suit - (Girls – Tankini Swim suits are acceptable. No Bikinis.)   |   |

What NOT to Bring:

- |             |            |                      |
|-------------|------------|----------------------|
| Radios      | Knives     | Electronic games     |
| Cell phones | CD players | MP3 players or iPods |
| Fireworks   |            |                      |

**Girls No Bikinis or Tank Tops – Tankini swim suits are acceptable.**

If you are caught with any of the above items they will be confiscated for the remainder of camp and returned to you when you check-out.

SPENDING MONEY: candy, popcorn, ice cream, slushies, t-shirts, drawstring backpacks, toiletries and other items can be purchased at the Trading Post. Camp Accounts are available: A camper can leave his/her money with the office staff and will not need to worry about losing it. When checking out, a camper will be refunded all their funds that were not spent at the Trading Post.

MEDICATIONS: All medications, including prescription, over-the-counter, vitamins, inhalers, homeopathics, essential oils and herbs must be given to the camp nurse at check-in. They must be labeled with camper's name, name of medication and correct dosage prior to arrival. *They must also be in the original bottle or container.*

**SPECIAL DIETARY NEEDS:** If your child has food allergies or special needs, please call our office manager at least one week prior to attending. If the kitchen is not contacted prior to your child's stay, it may be difficult to accommodate your request.

**NECESSARY INFORMATION DURING CAMPER'S STAY:**

**Bunkhouse Assignments:** Bunkhouse assignments are made prior to camper's arrival. If a camper desires to bunk with a friend/s, please make note of this on the camper registration form. We will do our best to accommodate your request.

**Telephone Calls:** Campers cannot be contacted directly by phone. Messages can be left for campers at our office (970) 854-3863 between 8am and 5:30pm daily. Voicemail is checked frequently during evenings and delivered to campers the following day.

Please feel free to call our Office (970) 854-3863 with any questions.

Thank you for taking the time to read this.

Amanda LaGrange

Camp Machasay Office Manager

# CAMP RULES

1. Be kind to one another.
2. Do not enter into the following without camp staff permission: office, kitchen, trading post, corrals, or barn.
3. No guys in girl's rooms and no girls in guy's rooms.
4. Don't be late for any sessions or activities.
5. No personal electronic entertainment including cell phones.
6. No profanity, alcohol, tobacco, drugs or explosives.
7. Keep camp clean by picking up after yourself.
8. Respect your counselors and staff.
9. Participate in all camp activities.
10. Most importantly - Have fun! 😊

\*\*Parents - We would like you and your child to read over these rules together prior to coming to camp so that everyone knows what is expected.